

**AMENDMENTS TO THE CLAIMS**

**Listing of Claims:**

Claims 1-25 (cancelled).

26. (currently amended) A method of supporting a portion of a body, the method comprising:

~~Attaching~~ attaching one end of an elastic band to skin on the body using an adhesive;

wrapping the elastic band around the portion of the body;  
and

securing a plurality of fingers that project from an opposing end of the elastic band to an exposed section of the elastic band, wherein the plurality of fingers includes at least one finger that extends from the end of the elastic band along a lateral edge of the elastic band, at least one finger that extends from the end of the elastic band along an opposing lateral edge of the elastic band, and at least one finger that extends from a midsection of the end on the elastic band.

27. (original) The method of claim 26 further comprising repositioning at least one of the plurality of fingers to customize pressure applied by the elastic band.

28. (original) The method of claim 27 wherein repositioning at least one of the plurality of fingers includes disengaging the at least one of the plurality of fingers from the elastic band and then securing the at least one of the plurality of fingers to another part of the elastic band.

Claims 29-30 (cancelled).

31. (original) The method of claim 26 wherein wrapping an elastic band around the portion of the body includes wrapping the elastic band around the body more than one time but less than two times.